

A N N O T A T E D B I B L I O G R A P H Y

"A Woman's Worth Inc." A Woman's Worth Inc. N.p., n.d. Web. 02 Nov. 2016.

Many sources that I was able to pull information are charities working towards creating an easier future for women on the street. A Woman's Worth Inc. is a non-profit organization their main objective is a focus on menstruation, sexual health, and feminine hygiene, we aim to add to the voices and efforts promoting WASH locally and globally. This source embodied a lot of what I want to see happen in the world for these two groups of women.

"Camions of Care." Camions of Care. Camions of Care, n.d. Web. 02 Nov. 2016.

This was another source focused on bringing relief to these groups of women. They were focused on homeless women. For these women, they are able to create care packages that have helped 27,863 people to date. It is so important that we seek to help these women and that we are aware of the bigger problem here. It is known country wide that men have access to free razors which isn't even a necessity.

Ferguson, Sian. "4 Ways to Make Your Period-Positivity More Inclusive." Everyday Feminism. Everyday Feminism, 22 Jan. 2016. Web. 02 Nov. 2016.

One of the biggest problems is the stigmatism that comes with talking about periods. It happens to everyone and yet no one wants to talk about it. The first step to solving a problem is noticing it and not being afraid to talk about it. By continuing to stigmatize this, we are perpetuating the bigger problem of homeless women and incarcerated women's access to feminine hygiene products.

@HomelessPeriod. "The Homeless Period." The Homeless Period. #TheHomelessPeriod, n.d. Web. 02 Nov. 2016.

While this company is based out of the UK, they had a business model that I really liked. They were current and up to date on social media which I think is important as a technology major. This was also key for me to implement the idea that the problem isn't just in the United States, this problem is very big and not as recognizable as it should be.

Mettler, Katie. "'They're as Necessary as Toilet Paper': New York City Council Approves Free Tampon Program." Washington Post. The Washington Post, 23 June 2016. Web. 02 Nov. 2016.

This article was really important to me because it showed progress. Because of this legislation, there is proof that there is progress and things are improving, it is a start. By showing change, you are paving the way for other states to follow suit. This article explains in plain language what the bill does and it's positive impact that it has had on the community.

Ronan, Alex. "Menstruation Can Become Humiliation in Prisons." The Cut. NY Mag, 16 June 2015. Web. 04 Nov. 2016.

While finding sources, I tried to find a good mix of sources for both subcultures. This article emphasizes that it is not only inconvenient to get your period as an incarcerated woman, but it is also very embarrassing. We often neglect to realize how terrible monthly occurrence is for people with proper access to these products let alone people without the proper access.

"The If Project." The IF Project. The IF Project, n.d. Web. 02 Nov. 2016.

The IF Project is a nonprofit organization started by Seattle police officer, Kim Boguki. Their mission is to help women in prison look forward to another day. Many women in prison are very unhappy and struggle with depression and coping with life day to day. The IF Project aims to change that. Although they don't work directly to bring feminine hygiene to incarcerated women, they work to better their lives. This project does so much to inspire women daily.

Upadhye, Janet. "This Is How Homeless Women Cope With Their Periods." This Is How Homeless Women Cope With Their Periods. Bustle, 18 Oct. 2016. Web. 04 Nov. 2016.

This article was the main influencer for this project. Bustle has a series of videos entitle NSFWomen. In these videos, they portray topics that people are afraid to talk about, that is why I like them so much. I had known previously that access to feminine hygiene was a problem but I never know how big of a problem it really was. The video focuses on sharing many struggles within a very short documentary. We learn what these women do to get through their time of the month with very limited supplies and trying to choose between these products and food.